What is claimed is:

1. A cover for grass protection comprising a composite layer composed of:

an open mesh weave of thermoplastic material, said weave having warp and weft strips forming a substantially thin uniform layer having opposed surfaces, said mesh defining individual slits extending through said layer;

a discontinuous heat absorbing layer on one of said opposed surfaces, and a discontinuous heat reflective layer on the other of said opposed surfaces.

- 2. The composite layer according to claim 1, wherein said layer on each surface has a thickness of at least .5 mil.
- 3. The composite layer according to claim 1, wherein each said layer covers between about 5 to 60% of each surface of said composite layer.
- 4. The composite layer according to claim 1, wherein each said layer covers between about 10 to 40% of each surface of said composite layer.
- 5. The composite layer according to claim 1, wherein the thermoplastic material forming the strips of said composite is a polyolefin.
- 6. The composite layer according to claim 5, wherein said polyolefin is a polyethylene and said layer is a polyethylene compatible with said polyethylene strip.

- 7. The composite layer according to claim 1, wherein said layer includes a colouring agent of a wavelength having heat absorption properties.
- 8. The composite layer according to claim 7, wherein said colouring agent is selected from the colours green, blue, brown and black.
- The composite layer according to claim 1, wherein said layer includes a colouring agent of a specified wavelength having heat reflective properties.
- 10. The composite layer according to claim 9, wherein said colouring agent is selected from the colours white, silver, gold and bronze.
- 11. The composite according to claim 1, wherein said composite layer is of a size to cover a grassed substrate such as a golf course green.
- 12. The composite layer according to claim 1, wherein said composite is secured over a substrate.
- 13. The composite layer according to claim 1, wherein said open mesh weave has openings which allow water to permeate therethrough.
- 14. The composite layer according to claim 1, wherein the layer on each surface of said open mesh weave amounts to a total of 5% to 80% of the combined total surface area of both faces.
- 15. A method of forming a heat absorbing and heat reflective composite layer comprising the steps of:
 - providing an opening-mesh weave of thermoplastic material in which the

material has warp and weft strips forming a substantially uniform layer and having opposed major surfaces;

said open-mesh weave has openings of a size sufficient to permit the passage of water therethrough;

coating one of said surfaces with a discontinuous or intermittent coating having heat reflective properties; and,

coating the other said surface with a discontinuous or intermittent coating having heat absorbing properties.

- 16. The method according to claim 15, wherein said coating is extruded onto said open mesh weave.
- 17. A method for protecting or enhancing turf, lawn, garden or other substrate comprising:

applying to said substrate a protective layer of a composite, said composite comprising:

an open mesh weave of thermoplastic material, said weave having warp and weft strips forming a substantially uniform layer having opposed major surfaces, said layer having on one surface thereof a heat absorbing discontinuous or intermittent coating and on the other surface a heat reflective discontinuous or intermittent coating;

said composite being applied to said substrate with said heat absorption layer forming an outer face and said heat reflective layer being in contact with said substrate;

releasably securing said protective layer to said substrate; and, removing said protective layer when protection is not desired.

- 18. The method according to claim 15, wherein said coating covers between about 5 to 60% of each surface of said composite layer.
- 19. The method according to claim 17, wherein said coating covers between about 10 to 40% of each surface of said composite layer.
- 20. The method according to claim 17, wherein said coating on each surface of said open mesh weave amounts to a total of 5% to 80% of the combined total surface area of both faces.